



The Youth Exchange Program

Mid Term Report

Aug to Dec -2012

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Home Organization

Youth Buddhist Society Of India(YBS INDIA), India

Host Organization

Social Policy Ecology Research Institute(SPERI), Vietnam

Contents

- The work task during posting period.
- The activities I have done during 5 months.
- The out comes.
- The important learning from my experience or during my work of five months.
- The challenge I have been facing last five months.
- Any insight that I would like to share.

The Work Task During Posting Period

- Organic agriculture.
- Mulching fruit trees.
- Chilly sauce making.
- Grafting and Pruning fruit trees.
- Culture and spirituality.
- Banana circle (reuse the water)
- Eco-building designing and technique.
- Compost Hot Water.
- Compost Toilet.
- Worm farm raising (technique)
- Community work (every week on Friday Full day)
- Community Work (at Kitchen area on Every Thursday in the morning)
- Study Visit On Chicken Raising and Livelihood.

The Work task during posting period

- Making compost 18th days.
- Making compost 30th days.
- Making Bio-Fertilizer
- Measuring land and drawing map (use of GPS)
- Making Rocket Stove.
- Making Eco-Garden.
- Workshop (Making Photo Story).
- Consumer Education (shampoo and soap making).
- Herb Medicine Research Workshop.
- Making Garden Bed.
- Planting Sweets Potatoes.
- Red bed garden.

The Activities I have done in last five months

August

- Introduction of HEPA staff and visit (17th Aug)
- Chilly Sauce Making (28th Aug)
- Mulching Fruit tress (23rd Aug)
- Spiritual Worship (30th Aug)
- Grafting and Pruning Trees (29th Aug)



Month-September

- Community Work...
- Mushroom Planting (3rd Sep)
- Banana Circle Making (8th Sep)
- Protect Traditional Community Forest Workshop (11th to 22nd Sep)
- Making Rocket Stove (27th Sep)



Month- October

- Community Work...
- Vietnamese Language Classes..
- Eco Farm technical information(01st Oct)
- Practice on Repairing Banana Circle(10th Oct)
- Facilitate Workshop Making Photo Story(17th Oct)



- Chicken Raising Study Visit (18th Oct)
- Land Preparing for Sweets Potatoes(23rd Oct)
- Consumer Education(shampoo & detergent making) (24th
- Compost Making Within 30th Days(31st Oct)



Month-November

- Community Work Continue....
- Herb Medicine Research Workshop(5th -8th Nov)
- Herbal Pesticide Making(7th Nov)



- Making Compost 18th days.(8th Nov)
- Planting Sweets Potatoes(12th Nov)
- Raising Worm Farm(21st Nov)
- Bio-Fertilizer Making(28th Nov)



Month-December

- Community Work...
- Garden bed making (04th Dec)
- Making 18th days compost (11th Dec)



- Eco Building Designing(Compost Hot Water) (18th Dec)
- Workshop on develop management skills (26th Dec)
- Making Compost Toilet (27th Dec)



Out Comes

- Teach to the students about –Making Photo Documentary.
- I would like to share that we plant some vegetables in September but due to raining couldn't get too much result, only for two times cooking.
- This is very hard to get quick result from our activities.
- But I have learnt many kinds of different valuable activities which are really helpful for my community.

The important learning and experience during five months

- It is human nature to complaint about problems. In the beginning I did it so it was my little weakness.
- Come over from making complaint, deep understanding, listening and working together with staff and students.
- **Community Work**- in the community work we do different kinds of activities like, making house, making pig house, chicken house, planting vegetables, chopping wood etc. This we do every Thursday morning and Friday whole day with all the **HEPA** students and staff together, which is really very helpful for doing any kinds of work.
- Vietnamese food cooking.
- Deep understanding about Vietnamese Culture and believe.

- Making different kinds of compost- learnt about making compost which is really very good for my community people to reduce use of pesticides and fertilizers.
- Herbal Pesticides is very important for the killing different kinds of insect from the crops.
- Making shampoo and liquid detergent.
- Improvement in English writing and speaking.
- Learnt about management skills which is very important for the organization to keep all kinds of records.
- Learn about prepared and organized the workshop and the farm.
- Organic Farming- this is very important learning for me because in India now days 95% farmers are using pesticides to grow more and more. So organic farming would help them to grow good and healthy food.

The challenges that I am facing five months.

- I not familiar with Vietnamese food which is completely different from Indian food, I try my best to adopt but still I couldn't adopt very well.
- The Vietnamese time of the working very different from the India but after familiar feel comfortable but still sometimes feel bit difficulty.
- It was big challenge for me to work in the farm in different ways of working in the farm I feel tired.

- I feel big challenges with many kinds of different rules but due to timing I try to adopt it and be flexible with rules.
- While working time I got emotional hurt and negative thoughts about the peoples but it was lesson for me to make myself strong and understand the different people and behavior so I try to listen them and think positively.
- While working with students I faced the language problem, if they want to share something can't understand each other. Even I also can't share with them until I have translator.
- While working it was also a challenge for me they change suddenly plan. Even we have already plan for a week but they change and we don't know what to do we try to make sure but the person who made plan he also confuse because the plane change by other person without informing him.

Any inside I would like to share

- I had my teeth problem in last months for the treatment I went to Hatinh Province which is around 100 km farm from HEPA.
- I went 6 weeks continue to the doctor, it was good challenge and also learning for me to go alone.
- During that period I visit some friends home then I knew more about culture, living style and livelihood.
- I am cooking every Sunday, I am happy to cook.



The Activities for next 5 months

- Bio-Gas.
- Rice Cultivating.
- Making short documentary on HEPA introduction.
- Vietnamese New Year
- Study Visit Laos.
- Planting Yam and Potato.
- Planting green, black and soya beans.
- Tofu making.
- There are some activities depend on seasons which is hard to decide but there are more different activities in future.

Thank you
So Much for your
Attention

